



Manasquan High School

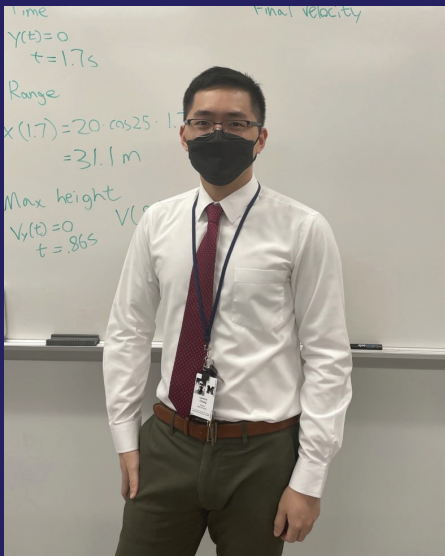
The Blue & Gray

WELCOME BACK, WARRIORS!

Senior Maeve Spang and her new club the Welcome Warriors greet the class of 2025 on the first day of school.



Introducing Mr. Chiang



Rutgers graduate Mr. Chiang joins the Manasquan Warrior Crew in the Science Department.

also in this issue

- Fall Play Review
- Warrior Athletics
- Foods for this Fall
- A Recap on Summer
- Freshman Features
- Drop-and-Rotate Return
- Meet Mr. Savacool
- Halloween Preview
- and more!

Fall 2021



The Blue & Gray Manasquan H.S.

2021-2022

Issue One

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Squan Kicks Off a New School Year

By: Ellie Hallman

Empty stands, cancelled events, and struggling students was what last school year was composed of. This 2021-2022 school year is fully in-person, Monday through Friday. As Covid-19 feels more controlled and manageable, the previously cancelled events are beginning to take place again.

Squanathon, Homecoming, pep rallies, and sports games were all negatively affected last year.

There is hope and optimism for this new school year. MHS has already given Squanathon and Homecoming committee members the green light for their events.

In just the first few weeks of school there seems to be a comeback from all of what we missed last year.

Junior Emma Brown commented on the difference between last school year and this year so far. "Being online helped my grades at times, but really hurt my studying habits," she said. The elimination of virtual learning has not only

been beneficial academically, but also socially. Sophomore Violet Nolan started off her high school career last year with only meeting half her grade. But she is thoroughly enjoying being very involved her second school year in Student Council, many other clubs, Girls soccer, and Track.

A few Freshman girls, Gia Restivo, Angelina George, Sophia Evans, and Maddie Ireland shared their thoughts on their first few weeks at MHS. Angelina George and Sophia Evans felt Manasquan Elementary and Brielle Elementary had prepared

them well for high school. When asking the girls if they had anything else to add about MHS, Maddie Ireland from Spring Lake said, "I'm excited for Swim to start." Winter sports have started sending out announcements

about meetings and such, and it seems it will be a more normal season this year.

In just the first month of the new school year there have been countless bake sales in center hall for clubs and thrilling student sections at soccer and football games. Students are excited for the next 9 months of school and their strive for normalcy for this 2021-2022 school year!

Junior Emma Brown, along with juniors Chase Hearon, Michelle Clark, and Marin McCarthy, promotes Squan-a-thon early in the school year.



BOO! Get Ready for a Spooky Halloween at MHS

By: Ellie Hallman

On October 29th, Manasquan High School is planning on having a fun Friday to kick off the “halloweenend”! Unlike last year, all kids will be in school to show off their costumes and celebrate together in school. The student council working along with Principal Mr. Goodall, have come up with some fun ideas, as well as old traditions the students will participate in that Friday.

Mr. Goodall sent home an email to parents about allowing appropriate costumes for students to wear. He said it was a general letter addressing the activities and rules. He added that, “Teachers will have the option to allow their students to watch the Manasquan Elementary School parade at 1:30.” Along with that, there will be our annual costume contest in the gym. Categories include most original, scariest, best duo, and best group. Winners will be decided by the students.

Student council representative Erin Driscoll mentioned a door decorating contest to add to the list of fun Halloween festivities MHS has prepared. When asking her what the prize will be for the best decorated door she said, “A bagel party!”

MHS’s bell schedule on the 29th will be modified. The costume contest will be in between periods 1 and 2 from 8:24am-9:08am. Then every period after that will only be 50 minutes. Halloween 2021 looks like it’s going to be a good one, however one question remains:

What will the staff be this year?



Last year's staff costumes!



Welcoming the New Freshman!

By: Sophie Creed

Expect the unexpected. Walk in with confidence. Ask questions. These are three valuable pieces of advice for small fish entering a big pond: also known as freshman entering high school.

The new “youngins” of Manasquan High School are entering the 2021-2022 school year with enthusiasm and excitement. There is a lot of pressure when entering high school because you get double the amount of work from middle school and must learn how to navigate a new building. With a school as big as Manasquan, finding your classes with 1,000 kids in the hallway can be intimidating; especially with kids you don’t know from six or seven other towns, and others who are three or four years older. Freshman Reese Miller, Summer Stumley, and Garrett Devine, tell us how their start to the year went as they adjusted to high school in a pandemic.

“This is only a preview to high school,” Garrett Devine says his middle school teachers constantly told him. All three-freshman agreed that the change in workload from middle school was the

hardest part of entering high school.

Reese Miller from Spring Lake Heights Elementary School agrees. “Balancing all the homework, quizzes, and tests is very difficult” she said.

Although the amount of work seems to be a challenge to balance for the freshman, they are still loving the new environment. Summer Stumley from Central Elementary school in Wall says she loves high school so far. “I’m new and get to meet new people,” she said.

Reese also agrees with Summer about her high school experience so far. “There’s a lot more people and opportunities,” she said.

Gavin sums up all of their experiences so far. “Seeing new people in every class and learning to adjust to new people and environments is really fun and exciting,” he said.

This year Manasquan introduced a new way of starting the year with the “freshman’s first day.” On this day, the freshman came into school before everyone else and had their own first day in which they were able to find all their classes and meet all of their brand-new teachers.

Mrs. Onorato, who has taught

at Manasquan High School for 12 years, has 103 freshman students and shares her thoughts on the freshman’s first day of school. “I think it was good for them to go through the hallways, lockers, and classrooms without the congestion,” she said. Ms. Badami who has been teaching at Manasquan for 3 years agrees with Mrs. Onorato. “It was very helpful because it allowed them to become comfortable in the new setting because there were less kids in the halls.”

The freshman also seemed to like having their own first day as well. Garrett’s opinion is similar to his teachers’: “It would have been a lot harder to find classes with a lot more people,” he says. Reese and Summer also were on the same page as their freshman peers saying how the lack of commotion in the hallways caused them less stress.

To help the new faces of Manasquan, seniors Donny Nikola and Peyton Sorino talked about their high school experience throughout their years and gave some valuable advice to the freshman.

Donny Nikola transferred his junior year from Wall High School to

continued on next page

Pictured Below (left to right): Freshmen Summer Stumley, Garrett Devine and Reese Miller have experienced ups and downs so far, but agree they love Manasquan High School so far!



MHS Drama Club Presents Mysterious Fall Play

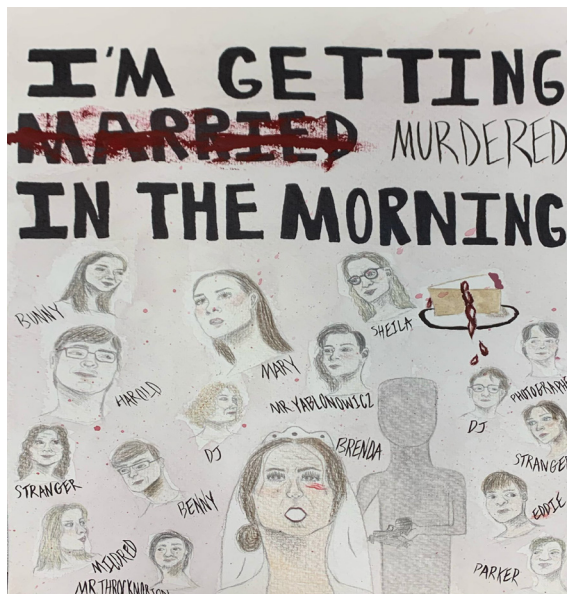
When you're at a wedding, you expect everything to go well. You watch the ceremony, go to the reception, eat food, dance, and have fun. But in this case, someone is murdered, and no one knows who the killer is.

On October 22nd and 23rd Manasquan High School's Drama Club performed "I'm Getting Murdered in the Morning." It is an interactive show where the audience is a part of the wedding as guests.

Seniors Bianca D'Anton and Andrew Brennan starred as Brenda and Eddie, the bride and groom getting married. Everything is going well at Brenda and Eddie's wedding until the bridal toss. After the bridal toss takes place, the lights go out and a body is found on the dance floor. The rest of the wedding attendees are now suspects and must find out who the murderer is.

"It's a wedding with a very dysfunctional family and then somebody drops dead at the bridal toss," sophomore Quinn Chapman states. Quinn plays Benny, the best man,

By: Jacquelyn Stewart



who was the star quarterback in high school. According to Quinn, Benny is the stereotypical dumb football player.

"There's dancing and food and having fun," says Eric Provenzano, a 17-year-old senior who is a part of stage crew. Eric is the lighting manager who works alongside sophomore, Charlotte Dery.

Senior Hannah Doherty agreed with Eric. "The cast vibed together very well. Re-

hearsals were super, super fun, and the showed turned out great."

Hannah played Mary, a columnist for the local paper. "She's kind of spunky and aggressive," Hannah said. She's in your face all the time and wants to know what's going on," she stated.

Ms. Schille, the director of "I'm Getting Murdered in the Morning" says that she was proud of her Drama Club members. "I really credit all of the students for working so hard," she said.

Unlike the past few years, the fall play was performed in the media center instead of the auditorium. "We wanted everything to be on the same plane, like a wedding reception," Ms. Schille said. "Rather than looking up at everyone, we're all on the same space in the library."

Though the mysterious death is the main topic of the play, plenty of humor and witty moments made the night amazing. There were twists and turns that were fun to follow, and the audience loved it!

Welcoming Freshman!

continued from previous page

MHS. Donny gave advice for the freshman as someone who came in brand new to MHS as an upper classman. "Go with the flow and take advantage of all the extra help you can get," he said. He says he regrets not getting into more clubs and procrastinating; so also recommends that the freshman get involved in as many things as possible.

Peyton Sorino also gives advice she wishes she had coming into MHS as a freshman. "It gets better, and it's

worth pushing through and getting everything done in the long run," she said. Similar to Donny, she regrets not getting more involved in clubs and sports, especially not cheering sophomore and junior year.

Although being brand new in a school where most people know each other, there are many ways to make friends with an open mind and willingness to try new things. With the new freshman for a day being implemented, and the excitement in the eyes of the class of 2025, it seems they are on the road to a successful high school career.

THE BLUE AND GRAY

Feature Story

Leading the Herd

For years Peer Leaders has been a vital part of Manasquan High School. Mrs. Santucci has been molding and teaching Manasquan students to be great role models and leaders all around the school. The class itself is not an after school activity, it is a class that takes place during the day so that peers are able to interact with people in the school, community, and across the street as well.

"I encourage being positive, setting an example as a role model, and being the best person you can be," Mrs. Santucci explained.

As a peer leader myself, going out for the interview and joining the class has never been a regret of mine during my time at MHS. When in class, we either do a collaborative activity with each other or go and see the kids at either the ABA building or across the street at the elementary school. Peer Leaders isn't just a one class opportunity where there are only 15 spots, but there is more than one class, and the total number of peers amounts to just over 40 students. Nearly every one of them will tell you that Peer Leaders is their favorite class and that it will change your perspective on life as well.

However, during this year there have been a couple subtle changes to the class.

"We're able to do a lot more interactive work in the classroom and also work with the ABA students," Mrs. Santucci indicated. The ABA students are the students who have special needs and who work in the building by the football field.

This wasn't an opportunity that we had last year. We get to hang out and go to class with them, and it warms the heart to help others and be looked up to as a peer leader and role model.

By: Liam Haag

As my fellow peer leader Johnny Nave said, "We help out with the kids and try to make their days better and brighter." There is nothing better than brightening a person's day, and when those people look up to you as a role models in Manasquan High School, the feeling gets even better.

On a different note, each year the peer leaders go over to Manasquan Elementary School to see the younger students. Whether its playing kickball with them, playing Simon Says, or helping them with their schoolwork, it's always awesome to see and hang out with the kids.

Peers are also allowed to have their own "buddy" which means you are assigned to one younger student across the street. Usually, it will be someone struggling in school with friends or social life, or who just doesn't like school. It gives us an opportunity to be a friend, help out and get them through the school year without struggling, to our best abilities.

Overall, the Peer Leaders class at MHS is one of the best classes you can take. Not only does it strengthen your stance as a role model and leader in the high school, but it just feels amazing to be such a huge influence on the kids both at the elementary school and at the ABA building. Ryan Deegan, a senior in his first year in Peer Leaders, says, "Leadership is something you show day in and

day out as a peer leader." Everyone embraces their role and influences different people in different ways. Moreover, the bonds you make and the influence you give just puts this class above the bar here at MHS.



Mary Donnelly, Katie Beavis, Erin Driscoll, Meghan Cattani, and Grace Price smile with their paper plate awards!



Senior Johnny Nave and Jack Lackner paint pumpkins for the fall season

A Teacher of Many Talents

By: Abby McBride

He's a teacher with multiple skills who's well known throughout the entirety of Manasquan High School. Not only does he teach students how to save lives, but he also demonstrates healing techniques in his very own athletic training office at MHS. You know him and you love him, it's none other than Mr. Hyland.

Hyland is a teacher and the athletic trainer for MHS. Throughout the day, he teaches two classes, Medical Terminology and Emergency Clinical Care. By night, he helps treat injured student athletes in his office or out on the sports fields.

His athletic training career started in 1997 when he got certified. He knew he wanted to pursue a career in which he aided people, but also had fun while doing it. And for teaching, Hyland states, "I started teaching in 1997, so this is my 24th year this year." He enjoys teaching because his classes give students an opportunity to find their passions in life. When asked what his favorite topic to teach is, he explained, "I like teaching my students how to treat medical emergencies because they might end up helping another person feel better or even saving their life. That way, they are a significant part of that situation and I know I've done well teaching them."

Hannah Sheehan, a senior at MHS currently taking Hyland's Medical Terminology class, described what she liked about the class. She says, "I really enjoy learning about different medical terms because it really interests me, and it's related to the career I want to pursue in life." Another senior who's a student of Hyland's, Logan Orłowski, agreed. "I took Emergency Clinical Care, and it was really helpful learning the fundamentals and foundations of health care, especially when it comes to preventative measures," she said. To add, students in the Health Career classes have the opportunity to gain college credits at the end of their courses by passing a Rutgers University exam that recaps the lessons learned in the class.

Hyland has a jam-packed workday starting with educating students on the parts of the body and how to treat them. As soon as the bell rings, he rehabilitates student athletes in his office and treats injured players on the sidelines of sports games. He states that, "My workday in the winter is 10 hours long, plus Saturday's. And in the fall and spring, it is 8 hours long."

Hyland wanted to give kids the opportunity to learn what athletic train-



Mr. Hyland watches over the athletes ready to help when needed!

ing is like and gain some volunteer hours doing so. He made the student athletic training program at MHS, which lets students see first-hand what treating athletes is like, while assisting him when needed. Alycia Holmes, a junior student athletic trainer says, "I've been student training since sophomore year, so this is my second year helping out Hyland." When asked what her favorite part of student athletic training is, she says, "Being able to learn and grow out my skills."

The students in the program are able to practice taping parts of the body, clean wounds, and have so many more opportunities to learn. Logan Orłowski, a senior student trainer, says her favorite part is the community. "It's like you're a part of a family who all want to help each other out."

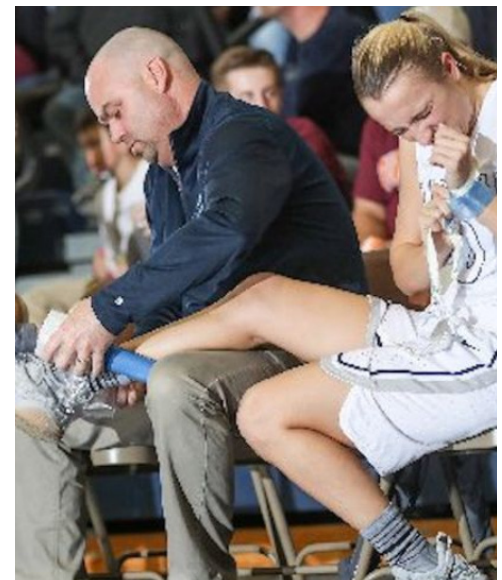
As the school year is back in session and the times are slowly going back to feeling normal, there's a lot to be excited about. "I'm most excited that we're no longer virtual," Hyland shares, "I like to be around everyone and their energy." Covid-19 and being quarantined caused a lot of setbacks on teachers, students, and families. Teachers and students had to adjust to new schedules and online-learning. Hyland says his biggest issue he was faced with while being stuck at home in quarantine was having to adjust to teaching all of his material online, with no hands-

on work. "Learning how to master Canvas was my biggest setback," he states.

Hyland balances being a parent, a teacher, and an athletic trainer throughout his daily life. He teaches students at MHS the ways of the body, how they work, and what is needed to treat them. He has found a passion in not only knowing what to do in critical situations, but also letting the youth know what to do, so that they can positively impact people's lives when put in those situations. His students experience exhilarating but highly informative courses that are useful for real-life situations.



Alycia Holmes and Logan Orłowski both support Mr. Hyland in athletic training.



Mr. Hyland supports student athlete's injuries.

THE BLUE AND GRAY

Feature Story

Mr. Chiang's Impressive Start at MHS

By: Reagan Scime

Last year, this teacher was a student at Rutgers University and now he is a part of the teaching staff at Manasquan High School for the 2021-2022 school year.

The newly hired staff member Mr. Chiang has been brought into our school to teach Advanced and Honors Physics, as well as Principles of Engineering. He has been a great addition to the Science Department at MHS.

According to MHS Principal Mr. Goodall, Mr. Chiang stood out from the other candidates for the position based on his blend of Science and Engineering background.

"We look for someone who is not only academically successful, but can bring an innovative approach to their teaching, combining technology, content knowledge and student engagement," Mr. Goodall said. "Teaching science in our high school will need to be a STEM approach to prepare students for jobs in the 21st Century," he added.

Mr. Chiang says that he prefers to teach in a relaxing way while making it fun for the students. He likes it to be intellectually engaging for everyone. Mr. Chiang enjoys the engineering portion of his job because it is all about the innovation of the mind.

This approach has been very effective with his students over the course of the first month of school. Senior Maeve Spang, a student in Mr. Chiang's physics class, explained that he connects their lessons to real-life scenarios. This makes his students intrigued in what they are learning. Maeve added that Mr. Chiang will help you in any way that you need.

"Whether it be from circling around the room to ensure that everyone is understanding the topic, or always being available for extra help, Mr. Chiang wants you to succeed in his class and he will make sure that this happens," said Maeve.

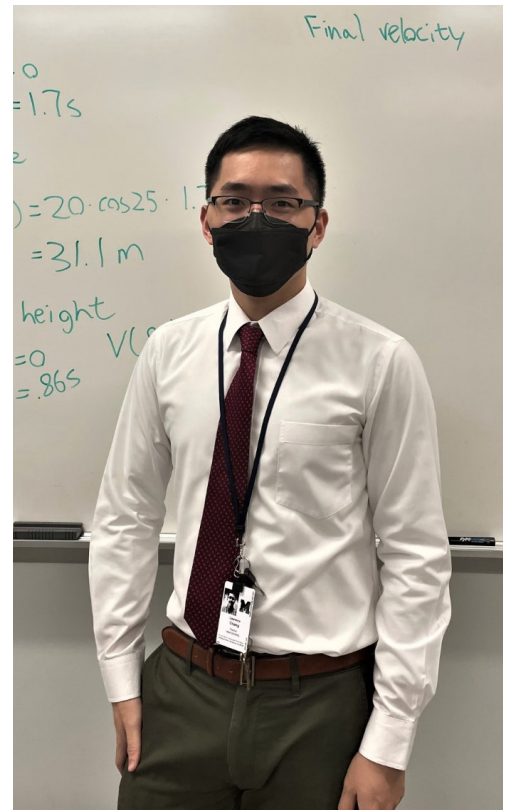
At Rutgers, Mr. Chiang majored in Mechanical Engineering. He attended high school not far from us, graduating from Colts Neck High School.

Mr. Chiang had always liked science while growing up and he even said that he would watch videos in his free time as a young child.

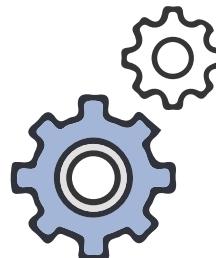
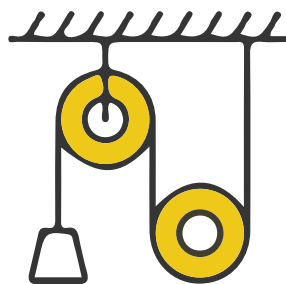
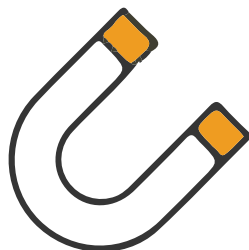
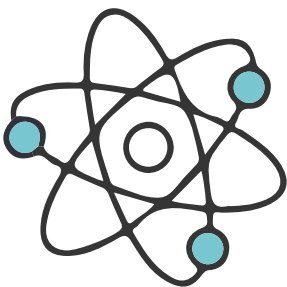
He has other interests as well. "I am a big soccer fan, and listener of music. My favorite artist is Taylor Swift. I am a huge fan," said Mr. Chiang. He enjoys doing these things outside of school.

From his peers and stu-

dents, Mr. Chiang seems to be making an impact at MHS in his first couple of months. He has a whole career ahead of him and he has made a great start so far.



Mr. Chiang takes a break from teaching to snap a quick portrait!



THE BLUE AND GRAY

Feature Story

Introducing Mr. Savacool!

By: Gretchen Grunbaum

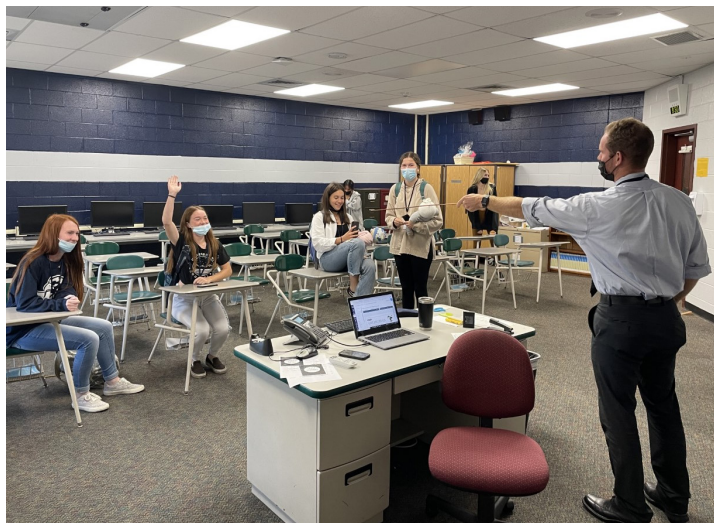
Walking down the hallways of Manasquan High School, you notice the bustling students and dedicated teachers on a mission to their next classrooms. But there's someone who stands out down by the library. Not the new freshmen or a visiting parent, but rather it's the one and only Zachary Savacool, Manasquan High School's ambitious new Psychology teacher.

"Psychology is a very diverse and interesting subject that I enjoy because it is all about people, how they interact, and what makes them work," Mr. Savacool said.

A student who has taken psychology for two years now, Nasia Polizos, agrees that Psychology is a very interesting subject. She also enjoys Mr. Savacool.

"I really love Mr. Savacool's

Mr. Savacool always has a fun and active classroom



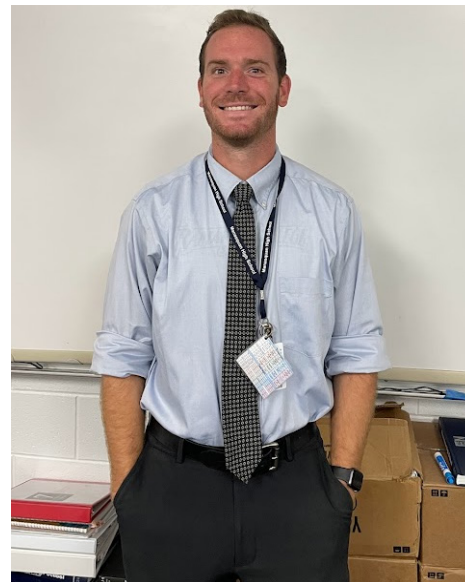
teaching style. Whether it be group work, notes, or open-class discussions, he always tries to add variety to each class period."

Mr. Savacool had previously taught at St. Rose High School, but has had the opportunity to work at a few great schools. "Here at Manasquan I was so excited to find how close knit the students and faculty are and how common school spirit is in the community," Mr. Savacool said.

Mr. Savacool first came to MHS last year, but this is his first full year on the staff. "To be able to continue and add to the tradition is something that I am looking forward to."

In 2019, the previous psychology teacher left Manasquan unexpectedly. As a result, a teacher in MHS's English department, Gabrielle Galizio, stepped in briefly to teach Psychology from March to June. "Teaching Psychology was

both fun and challenging, as I was used to teaching English until that point," Mrs. Galizio said. "Psych is something that has always been interesting to me and I try to incorporate it into every novel unit that I teach in English as well." Mrs. Galizio noted that even though it was quite a challenge, it forced her to become a better teacher overall.



MHS is quickly becoming Mr. Savacool's favorite place!

Mr. Savacool ultimately chose to teach AP Psychology because he enjoys teaching in the AP environment. "I have always enjoyed teaching AP courses due to the challenging and thoughtful nature of the discussions I am able to have with the class and how motivated the students are to succeed," Mr. Savacool said.

The class provides an opportunity for everyone to have challenging discussions regarding the vast study of psychology in the world we live in today.

"Manasquan High School has a great reputation and has provided me with the opportunity to do what I love, where I love to be!" The Manasquan local has truly stepped in as a perfect replacement and member of the MHS community.

THE BLUE AND GRAY

Feature Story



Summer of love, summer of romance. Just kidding. Who has time for that when you are stuck working doubles five days a week? Just like every broke teen, Manasquan High School's students worked an absurd number of hours this summer by the seaside.

Senior Grace Winn said, "I worked a solid fifty-five hours per week. Sometimes more, it depends. But that was between both of my jobs."

Grace held at least two jobs at once for the entirety of the summer. She worked at La Mondina at least five days a week in the evening, along with working mornings at MeeMoms a few days each week for the majority of July and August.

At La Mondina, Grace worked as the head busser. She took care of everyone else's responsibilities in addition to her own. She was in charge of making sure all the tables were always set; this included but was not limited to place settings, plates, glasses, and retrieving bread and water once people were seated.

Along with setting everything up, Grace also made sure everything was put away and in

Summer Jobs Not Always About the Money for MHS Students

By: Livia Lipitski

their proper spots. She would often leave much later than the rest of the staff.

"I left La Mondina really late each night," she said. "But it was all worth it. I made good money and good friends, and that's all you really need," she said.

Senior Nasia Polizos worked long hours all summer, too, but as a lifeguard. She averaged about forty hours a week. Working on a rookie's salary, Nasia made \$14 an hour.

People either despise their summer jobs or fall in love with them. Nasia was head over heels for lifeguarding. When asked what her favorite part of working was, Nasia described everyone's dream job.

"My favorites parts were my friends, tanning, and just getting paid to sit on the beach," she said.

Others, however, were not as lucky. Stuck working an obscene number of hours, Carlina Ramsey explained her summer working at Playa Bowls on the Manasquan Boardwalk. Carlina said that she was there every day, had hardly any free time, and was making just

above minimum wage (including tips).

Carlina did not feel like she was being compensated for the long hours she labored daily. Even though Carlina dealt with long days hard at work, she agrees with Grace that she developed new and important friendships at her summer job.

Even though making money is the point of a part time job, picking up some good friends on the way is just as important.

Manasquan High School students had lots of varying experiences when taking up a job or two for the summer. But they all had one thing in common: these high schoolers got a first-hand experience in the work force each in their own creative ways. Who knows what kind of jobs summer of 2022 will bring?



COVID-19 Summer in Action!

With an ongoing pandemic, life had become frightening and many students and teachers had a difficult time adjusting to the rules given. The changes in summer had these people of our community eager to get back out in the world again and finally, they could. A year of masks, distancing, cancellations, and struggle finally started to drift away by the time summer 2021 rolled around. The past few months specifically were a monumental time to change in finally getting lives back on track again.

After a year of strict mandates, the vaccine was available for all ages 12 and over by May 10, 2021. This opened up a window of opportunity, especially for students and teachers here at Manasquan High School. Athletes were able to train without masks. Businesses were opening and loosening requirements of face coverings, distances, and capacities. Even traveling became a possibility again.

MHS student-athlete Cole Kozlowski has been involved with a variety of sports and has experienced changes within his teams since the start of COVID-19. Cole explained that a pause in the season was difficult to overcome but when summer came around, the progress in normality motivated players and their performance improved.

"I'm happy about all of the changes that happened in the summer with masks and distance guidelines. A year ago, we could barely leave our houses but now we're taking steps in flushing out COVID-19 for good," Cole said. "It's honestly helping all of Manasquan teams to be playing without

By: Chloe Casale

masks and working hard without strains or rests in the season. I feel like this whole thing will be done soon."

MHS senior Hannah Doherty explains how COVID-19 changes in the summer affected her social life and well-being.

"It was different yet better than last year for sure! There were concerts taking place and going out to restaurants as well. I even started to follow my dream of modeling, acting, and my successes which gave me so much hope," she stated. "I took it for granted in the past but after this summer of finally living again, I learned to never take it for granted again."

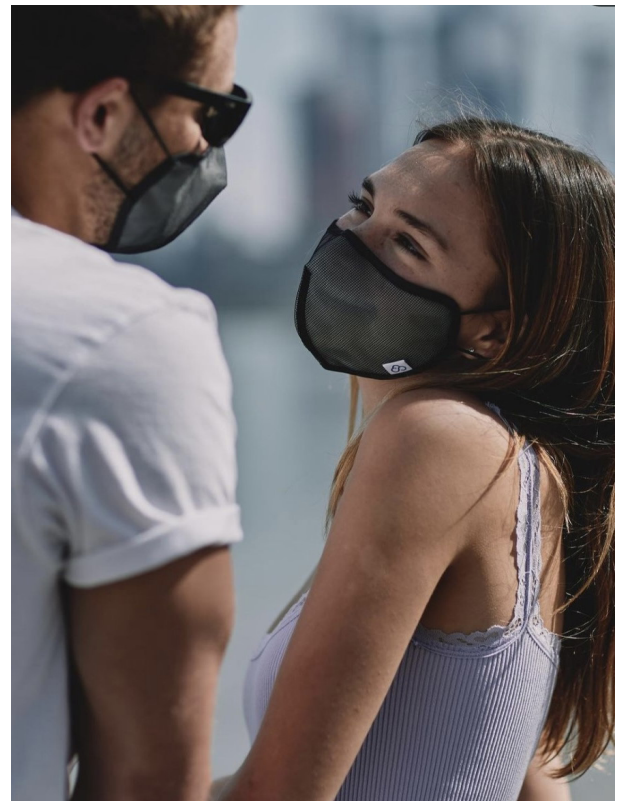
Hannah indicated how the experiences have changed her life and that she learned a great deal of lessons throughout the pandemic once recent adjustments came about.

MHS teacher Mr. Scalamoni argues that summer 2020 was in fact less restricted than the summer of 2021. He acknowledged, "When Governor Murphy made restrictions last summer, there were steps taken to ease NJ residents. This past summer, rates went up and so there were more mandates like testing before concerts and wearing masks in certain places like outdoor events and attractions. Last year it wasn't this intense."

After asking Mr. Scalamoni how COVID-19 has affected him, he responded with, "A year ago almost everything was virtual including job interviews and teaching which made life really difficult but, once summer

of 2021 came around, it was easier to live life out in the world again. It wasn't exactly as free as last summer but now I feel like the only place I have to worry about wearing a mask is school or heavily populated events."

In May of 2021, there were nearly 460 positive COVID-19 tests throughout the state of NJ but once August came around, the number rose to 884. As a result, some restrictions were increased, such as returning to school wearing masks. But for the most part, it is evident that the transformations over the past few months (summer through fall) have been productive in some way shape or form. We're back in school every day, and there's a hope to normalize lives of teenagers and the teachers within our local district.



Senior Hannah Doherty makes the most of her summer in her mask.

5 Fall Food Ideas To Warm Your Soul

By: Ginger Brown

With fall officially here, it's time to kick off the delicious baking season full of pumpkin spice, apple, and more. Everyone's mouths are watering for these delectable fall treats, so here are some of my personal favorites for the season!



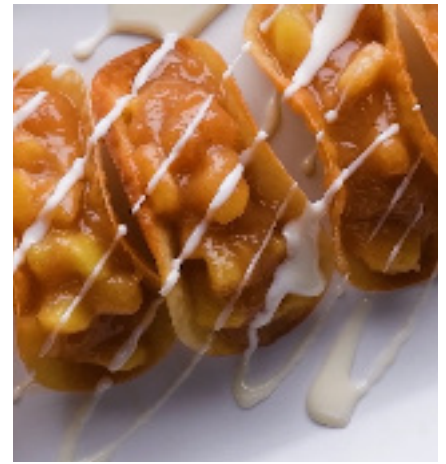
Campfire Cone

Bananas, strawberries, nutella, marshmallows, and caramel all mixed together in an icecream cone make for a delicious dessert for friends and family!



Pumpkin Spice Cake Pop

With just spiced cake mix, pumpkin puree, and a little bit of frosting, these pumpkin spice cake pops make the perfect fall flavored treat!



Apple Pie Tacos

These mouth-watering tacos can be made with a mix of sliced apples, brown sugar, butter and spices and placed into a crispy fried tortilla!

Maple Pecan Pumpkin Cookies



A subtle maple cookie with the crunch of pecan coupled with pumpkin spice chips are all of the best tastes of fall in one cookie. This cookie is perfect if you are craving a delicious treat this fall!

Cinnamon Apple Baked Brie Pastry



These pastries make for an easy fall appetizer recipe full of cinnamon apple flavors. Soft, creamy, melted cheese inside a flaky pastry with a sweet and savory flavor to fully satisfy your appetite!

M Warrior Sports

All Smiles for Senior Day!

They were called individually at half time onto the field. Tears of joy and sadness filling parents' eyes as pictures were taken. A day filled with flowers, gifts, and pom-poms.

On September 25, 2021, the senior class of 2022 cheerleaders celebrated their annual Senior Day during the home football game against Red Bank Catholic. All 15 girls were celebrated for their hard work and dedication to the Manasquan Cheerleading

By: Natalie Symonowicz

Team by their parents, coaches, and fellow teammates.

After their well-known spell out of 'Manasquan' alongside the marching band, they were asked to line up opposite of their parents and walk out to the middle of the football field together as their names were announced: Avery Michelic, Bridget Brennan, Brielle Karolak, Charlotte Cerami, Ella Farkas, Emma Heuer, Erika Tilton, Jennifer Cali, Josephine Herrmann, Kendal McGowan, Molly Turnbach, Natalie Mulvaney, Natalie Symonowicz, Peyton Sorino, and Riley Schmidt.

Varsity cheerleading coach Mrs. Warncke has been coaching at MHS for 9 years and the varsity coach for 6 years. She has watched many cheerleaders come and go but holds a special place for the class

of '22. "They're a great group of girls and I can't wait to see them grow and how successful they will become.

They are all so hard working in and outside of cheer," she said. "Realizing that they are all leaving and moving onto bigger things is probably one of the hardest parts for me when it comes to Senior Day."

The team celebrated before the game by attending a tailgate party hosted by the Manasquan Cheer Club in the Public Safety building parking lot. They were served breakfast and all the seniors received their gifts and posters the underclassmen made for them. Furthermore, they joined the Manasquan band, wearing their senior sashes, in a parade around the town that occurs every home game.

Senior Kendal McGowan has been a part of Warrior cheer since freshman year and is one of the captains alongside Bridget Brennan, Natalie Symonowicz, and Erika Tilton. "It is weird to know that we are the ones that are finally seniors," she said. "It seems like just yesterday we were tiny freshman nervous about making the JV team, and now we are the ones leading the varsity girls." Kendal also stated that cheer has allowed her to make some of the closest friends throughout high school, beyond just the sidelines.

For some girls like sophomore Caitlin Falkowski, first year varsity cheerleader, this will be their first and last year on the sidelines with the senior class, but that doesn't stop them from building a strong bond. "I loved the senior day game because it made me so happy when all the great seniors on our team were getting recognized," said Caitlin. "The senior class has made me feel more welcomed on the team then I could have ever imagined."



The Cheer Team gets ready to start a new routine!



The Class of '22 Seniors pose on their Senior Day for both a memorable game and team.

M Warrior Sports

Exciting Wins for Warriors this Season

By: Cameron Price

“Be legendary or be forgotten.” Before every game senior Cole Kozlowski also known as “Koz” tells the team this. Why? Before high school, one of his coaches used to tell him that before every game, and it stuck.

So far this season, the Manasquan Football Warriors have lived up to Cole’s words with several memorable victories.

Last week’s big showdown with the Panthers of Point Pleasant was the latest exciting win for the MHS Warriors. In front of a crowd over 3,000 people, the Warriors fell behind 14-0 before storming back to take the lead.



Above: senior Cole Kozlowski breaks loose in the open field; below left: quarterback Brett Patten powers in for a touchdown; below right: senior Pat Woodford runs through a tackle

Kozlowski caught a touchdown pass to lead the comeback, and later ran a short pass for 87 yards, all the way to the Panther’s goal line. Junior quarterback Brett Patten scored from there.

Senior Rob Pendergeist scored another touchdown on a pass from Patten, and a highlight of the game was junior Jhamier Howard’s 85-yard touchdown on the second half kickoff.

After Patten scored another touchdown, the Warriors held a 35-14 lead halfway through the fourth quarter. It looked like a sure victory, until Point rallied for two touchdowns, cutting the lead to 35-30 with two minutes left. But the Warriors stuck together, stopped the Panthers, and walked away with the win.

Another exciting victory was back on Fri-



M Warrior Sports

Exciting Wins

continued from previous page

day, October 2nd when the Warriors went up to Raritan to play the Rockets on their Senior Day and Homecoming. In a nail biter comeback, the Warriors beat the Rockets 35-28 in overtime.

The game kicked off to The Warriors receiving the ball during kick off, but disaster struck early when

QB Brett Patten threw a pick on the second play. With the momentum shifted to the Rockets, they ran for a touchdown on the first play and grabbed a 7-0 lead. After receiving the ball for the second time in only 2 minutes, the Warriors marched down and scored.

In a back-and-forth battle at the end of the first half the Rockets were leading the Warriors 21-14. When asked how the team was feeling at half time sophomore Austin Griffith said, "There was an urgency to get back out there. We all knew we were better than them, but we played down to their level."

Once the bands had finished playing, the Warriors walked out holding hands to show they were going to either win this game together or lose together. Following the kickoff Raritan scored to go ahead 28-14, but a short touchdown run by quarterback Brett Patten made the score 28-21 at the end of the 3rd quarter.

Going into the fourth quarter the game was a brawl. Neither team wanted to let up a score knowing that the momentum would be shifted to one side more than the other. Then the Warriors



broke through and scored a touchdown on a 45-yard pass from Patten to senior Rob Pendergeist, tying the score in the fourth quarter.

The game went back and forth, until with two minutes left the Rockets slowly worked their way down the field. They found themselves on the goal line with a chance to win. Realizing the game is on the line, the Warriors dug deep and shut down the Raritan offense, scking the quarterback and driving them back to the 15-yard line, leaving the Rockets on fourth down. The Rockets decide to try and kick a field goal to seal the game, but they missed as time ran out sending the game into overtime.

After winning the coin toss the Warriors handed off the ball to senior Patrick Woodford who scored on the first play of over time. Electrified, the Warriors stormed the field to celebrate their 35-28 comeback victory over the Rockets on the Rockets own Senior night and Homecoming.

With a record of 5-2, the Warriors are looking forward to some big challenges left on the schedule, including Wall on Thanksgiving and the state playoffs.

M Warrior Sports

Cross Country Team is Off to a Great Start

By: Austin Griffith



Squan Cross Country races to win first place!

Faster! Run! They are right behind you! The MHS cross country team has had a great first couple meets in the 2021 season. The other teams better move to make way for the best cross country team in the Shore.

The MHS cross country team has excelled above the competition in their first three meets this season. Every day, the team has been working to get faster by running as a team at practice. They have been very successful in the opening month of the season and are still looking to improve.

Sophomore runner Ryan McBride is very excited about the season. "We have done very well in all three meets so far," McBride said. "I am looking forward to getting faster and making improvements on my running." In a meet at Holmdel Park, McBride came in 32nd place and finished 5th out of all the Warrior runners.

On Friday, September 17th, the team competed in The Battle at

Ocean County Park. The Warriors were very happy with the results of the meet as the Manasquan runners finished with good times in every race. The top runners for MHS were Kellen Drawbaugh in the senior race with a time of 18:12, Chris Runge in the junior race at 18:20, and his brother, Robert, in the Freshman race at 12:32 on the two-mile course.

Senior runner, James Sharpe has been running cross country at MHS since his freshman year. "I run cross country because it keeps me busy and I can stay in shape during the fall season," Sharpe said.

This season, the MHS cross country team has been led by their upperclassman runners, such as Sharpe. Along with him, the boys' top runners have been Chris Runge and Kellen Drawbaugh so far this season. For the girls, Eleanor Feuster and Lindsay Hickman have both had a great season for the Warriors and are looking to continue their success. Although the team is passionate about winning, they make sure to have fun along the way through tradition and friendship. When asked about what he is excited for this season, Sharpe replied, "I am excited for the pasta parties, and I hope to have a good time with my friends."

Some of our Warrior runners were invited to the Six Flags Wild Safari Invitational at Great Adventure on September 23rd. Manasquan's first runner to finish was Chris Runge who came in 37th place in the Varsity C race with a time of 18:26. Kellen Drawbaugh was not far behind Runge as he took 50th place with a time of 19:09. Just after him was Evan Pitzer with a time of 19:41 and David Lisk at 19:44.

For the girls, Lindsay Hickman and Eleanor Feuster crossed the finish line with a difference of just a few seconds. Hickman came in 42nd place with a time of 23:43 and Feuster came in 43rd at 23:48.

One of Manasquan's top runners so far this season has been senior, Kellen Drawbaugh. "Some of the things I enjoy most about cross country are the team bonding and the memories we create," Drawbaugh said. "Even though it is a tough sport, we always try to make it fun and joke around a lot."

On September 27th, the Cross Country team traveled to Holmdel park for the B North Divisional meet. This meet was made up of the

continued on page 18



Junior Ellie Feuster runs as fast as she can to support her team and school

M Warrior Sports

Field Hockey Flips Their Season Around

By: Erin Driscoll

Some teams win their games by one or two goals. A good team may even win by three goals. But not the Manasquan Field Hockey Team. They won 5-0 against Raritan, 7-0 against Neptune, and even had a 9-0 victory over Freehold Borough.

After facing three of the toughest teams in the state at the beginning of the season, the Field Hockey team turned their season around and went on a five-game winning streak.

After their first few games, Coach Antonette Bruno said, "I think that it's important to set goals in the beginning of the season. If we start out not winning, we know that we are focusing on what the next step is to achieve that success."

The team has scored almost 50 goals all together this season! With a record of 10-

5, the girls have proved they are a force to be reckoned with.

According to junior Sam Certo, "The first few games we had a hard time scoring," she explained, "Then once we figured out our offense and started scoring more, we won a lot more games."

Sam is the starting sweeper and has had a huge impact on the team this season. Without her, the team would be at a big disadvantage. Sam has high hopes for the girls in States and Shore Conference and believes that they can make it far in both tournaments.

Another key player is sophomore Reagan Scime. Reagan made varsity as a freshman and proved why this year as she is currently one of the leading goal scorers on the team. Reagan looks up to a lot of the older girls on the team, especially Colleen Dickenson, Kelly Armstrong, Ginger Brown, and Anna Bea Koenig.

"They make practice enjoyable and make me want to go every day," Reagan said about the seniors, "Next season definitely will not be the same without them."

There are many players that lead the team to victory, but as Coach Bruno stated, every player has a key part in the team.

"Each member has an important role," said Bruno, "The starting lineup is just as important as the girl who gets thrown in the game in a moment notice and as important as the player who rarely sees playing time but is always cheer-



Junior Captain Chase Hearon dribbles the ball up the field to score!



Sophomore Reagan Scime becomes a key asset with 3 assists and 13 goals!



With only one year of experience, Senior Kelly Armstrong makes a name for herself by scoring 5 goals this season.

ing her teammates on or has words of wisdom."

The girls played in the annual Shore Conference Tournament and made it to the second round, unfortunately losing to Rumson Fair-Haven in a close game, 4-3. Goals were scored by Ginger Brown, Colleen Dickenson, and Chase Hearon. Next year, the underclassmen will have some big shoes to fill as sixteen players are seniors and will be graduating.

The field hockey team looks forward to next week when they will be starting their State Tournament.

M Warrior Sports

Gymnastics Team Works Hard for their Wins!

By: Sophie Krebs

The Manasquan Girls Gymnastics team has enjoyed a strong season. They have gone up against multiple schools. With a total of seven meets attended so far, the team has a record of 4-3. The team strives to qualify for The Shore Conference Tournament, according to Coach Michaela Read. The team recently went up against Wall High School and won 95.35- 94.85.

Cassie Seeley, a senior on the team, said that the season is going really well. "My favorite part of the team is the girls I get to compete with, everyone is so nice, and we all get along really well," she said. "I am excited for our last few meets and Shore Conference!"

The team may not be the largest sports team at MHS, but everyone loves being a part of it. Coach Michaela Read has been the girl's gymnastics coach for six years now, and believes in team unity.

"The biggest goal is to have fun. Other than that, I would say the next goal is to try and win our division and qualify for Shore Conference and States," said Coach Read.



Cross Country *continued from page 16*

six teams in the division, and their scores were broken up into dual meet scores. The MHS boys team took third place in the meet. The top runner for the Warriors was junior, Chris Runge, who came in 15th place with a time of 19:17. Just behind him was Drawbaugh who came in 18th place and finished with a time of 19:39. The next three Warriors to finish were Evan Pitzer in 24th, David Lisk in 31st, and Ryan McBride in 32nd. Overall, the boys did very well in the meet, which allowed them to defeat Freehold Boro, Neptune, Red Bank

Regional, St. John Vianney, and Wall.

The lady Warriors also had a great day at Holmdel park with three finishers in the top 40. Eleanor Feuster finished in 25th place with a time of 25:19, the fastest out of the rest of the girls. Not far behind her, Gabriella Tienken and Grace Adams finished in 34th and 35th place. What a day for the Warriors!

After reviewing these three meets, it is clear that Manasquan is off to an amazing start. With a couple meets left in the season, the MHS cross country team hopes to continue



Senior Grace Adams works hard and fast in order to support her team!

M Warrior Sports

Volleyball Starts off their Season with New Coach

By: Erin Driscoll

If you want to join a team with lots of team spirit, don't go any farther. The Manasquan High School Volleyball Team is the team for you. Everyone on the team is so supportive and always cheers each other on no matter what. The team just started up three years ago so most of the players are new to the sport.

Alexis Dunham is a new coach of the team this year. She played volleyball at UNC Pembroke while she was in college. Alexis was very excited to come to Manasquan this year and teach the girls about a sport that she has played for a while now.

Freshman Giuls Ferraro had an outstanding season. With 63 kills, 26 blocks, and 27 assists, Giuls proved why she is ranked as one of the top freshmen in New



Junior Reese Hearon warms up before a big match!

Jersey. After her performance this season, she showed that the future of Manasquan High School Volleyball is bright.

According to senior Lauren Lembo, "Campbell Krapp also had a great season, both on and off the court. She had great serves and is all around just a great team player."

Kara Wannamaker said, "All the seniors played a big part in making a positive impact on the younger players". Kara really enjoyed her time on the team and is going to miss everyone next year while she is at college.

The team worked so hard the entire season and improved so much by the end. The girls look forward to next season and can't wait to get back out on the court.



Junior Mia Petri gets ready for a new set.



The team hugs after a hardworking and fun season.

M Warrior Sports



Senior Cole Deveny makes a huge impact for the team this year.



Junior Audrey Iglay places second overall against St. Rose.

Surf Team Chases their 8th State Championship

By: Casey Bennett

While the waves are crashing the Manasquan Surf Team is rising once again this year with more amazing performances out on the water. As well as improvement on the team, there is strong passion from every member. Mr. LaCarrubba, the head coach of the Surf Team, is well prepared to lead the members toward another state championship.

The surf team has grown from 10 members originally, to 40 members in 2013, to 57 this year. Mr. LaCarrubba, head coach for the past three years, believes heavily in the team's potential. "We're undefeated so far," he indicated. "And the talent on the team is deep and unlimited. I have no doubt that we can take on any team and win this year."

A member of the team, junior Jesse Hulsart, says that he believes the team is only improving. "We have new sophomores on the A team, and they all have got the talent we need." Hulsart added "Our returning members are only improving; Ryan Tracy and Cole Deveny are going to

make an enormous impact this year."

The season is looking very promising but most of the team is looking forward to matching up with their rival, Ocean City, which is one of the three huge rivals for the team, with the others being Wall and St. Rose.

Squan has faced Ocean City numerous times in the past ten years in the battle to see who is best in New Jersey. One of the top surfers on the team, Ryan Tracy, thinks the team is ready for the showdown with Ocean City. He believes fully in the team's ability, talent and depth. He said depth is the team's main strength and called the team "stacked". When asked if the team has any problems or weakness, he said, "We don't really have any weakness. With some of the new underclassman, we are only getting better."

With States being moved to the October 29th the team has plenty of time to get warmed up and ready. With seven consecutive state championships, they are looking forward to adding #8. As Coach LaCarrubba put it, "I have no doubt that we can take on any team and win this year." Now it's time for MHS surfers to live up to that 100% trust, surf like stars, and win the trophy again this year.



M Warrior Sports

Boys Soccer Determined to Win

The Manasquan Boys Soccer Team has struggled to maintain a winning season, with losses and ties riddling their recent schedule. Whether or not they can end the season with more wins than losses will be determined by the amount of time and effort the boys put into getting better.

The team holds a record of 4-4-3, giving them a very balanced record, that is neither bad nor good, allowing for room to either improve or do worse. In the past seven games, however, there has been a trend of losses, having lost three of these games, tying three of them, and winning one as well. Comparing this to their first four games, consisting of three wins and one loss, it seems that for the moment, the boys cannot find their momentum.

"Inconsistency is our Achilles heel," said Head Coach Tom McGill. "We have a young team. Oftentimes we don't live up to our press clippings when we play teams we should handle." Coach McGill followed this statement

By: Bobby Marks

up by saying that their strength is playing hard against some of the best teams in the Shore, despite their experience.

Their one win in this stretch of games was against Brick Township, a game they won 6-2, showing promising signs for how their season may go if they play well, with Michael Cafiero (Senior) and Jose Avila (Senior), contributing one goal each, and Lukas Farkas (Sophomore) as well as Matt Karolak (Junior) scoring two goals each. Rory Mather, the Junior goalie for Manasquan, saved five out of the seven shots on goal from Brick, allowing Manasquan to keep the lead and win. The next two games the boys played were a tie with Colts Neck, in a 3-3 game, and a loss to Middletown South in a 0-3 game.

One big game for them this year, as it is every year, was the Wall game, that ended in a 2-2 tie, that saw Michael Cafiero scoring the two goals for Manasquan, with junior goalie Tyler Collinson in net, who saved 10 out of the 12 shots on goal from Wall, keeping the game very close, allowing for the two teams to tie.

Jose Avila, an aforementioned senior, explained that one of the biggest games this year was Wall, a long-time rival for MHS, and it was a game the boys thought they would win. "Everything went wrong," said Jose, "We were up by 2 for most of the game, and before we knew it, the game ended in a 2-2 tie." He explained that the team just could not find their stride.

Alex Strapp, another senior, said, "We are pretty good this year.



Senior Gavin Guagenty uses his skills to dribble the ball.

We are not awful at anything, but we are also not the best at any one thing." He believes that the team has potential that they have not shown off yet, and he said that if they continue learning from their mistakes and practicing hard, then maybe they can become a much stronger team.

To maintain strong effort, the team relies on, "Accountability," according to Coach McGill. "Every player realizes what is expected of them". He continued to praise the chemistry of the team and how the leaders help shape how the team reacts and plays in games. He believes that the team can play well in the upcoming games.

The next game for the team is against Howell on October 16, with this being the first round of the Shore Conference Playoffs. There is no time for the game yet, but they are hoping to win the meeting.



Goalie Ezzi kicks the ball out of the goal saving shots from the other team.

M Warrior Sports

Lady Warriors Defeat Neptune on the Turf

By: Cade Saito

Coach Bailey Price said, "Our win against Neptune felt great. It was a nice game to play after two tough losses to Holmdel (Ranked #1 in Shore Conference and #3 in the State) and Wall (Ranked #10 in the Shore Conference and #16 in the State). Our team played hard and worked well together against Neptune and it paid off in a 5-0 win."

On Tuesday, October 5th the Lady Warriors played Red Bank Regional at home on the turf. This game was senior day, and the team won defeated RBR by a score of 5-2. This game highlighted the following seniors: Maya Rosado, Cat, Ava, Ellie Hallman, Erin Driscoll, Liann McDonald, Grace Price, Maeve Rilly, Ellery Blum, Liz Dayton, and Cait Hopkinson. Goals were scored by Erin, Lily Carhart, Cat, and two by Ava.

"Senior day was a lot of fun," Erin said. "It was probably our best game as a team, and it felt good to come out with a win."

The Warrior's season is ending.

They are playing in the Shore Conference Coaches Tournament, which is for teams that did not qualify for the Shore Conference Tournament. The girls are optimistic that they will do well. They also qualified for States, which starts on November 2nd. For both of these tournaments if you win you move

on, and if you lose you are out.

"I had a great experience this year playing with all the upperclassman," sophomore Kali Saito said. "I'm so sad that the season is coming to an end and I will miss all the seniors next year."



Senior Erin Driscoll kicks the ball up the sideline.

The Manasquan High School Girls Soccer Team has had many good games so far this season. They won against Freehold Borough, tied against Middletown North, and beat Monmouth Regional. But the team's best game of the season and their biggest win was against Neptune on the turf.

The Girls Soccer Team had a tough start to their season. Coming off of last year's season with strong senior talent graduating, the team knew that this season would be focused on rebuilding. The girls record as of right now is 4-9-1. Although this season hasn't been the girls best, they have had great games. This big game in particular took place on Thursday September 23rd, after school on the turf. The score of the game was 5-0. Goals in this game were scored by leading scorer Bianca Chiarella, senior captain Ava Chiarella, and strong players Violet Nolan, Cat Stehle, and Katie Beavis.



Goalie Cait Hopkinson gets ready to save a goal!



Captain Ava Chiarella blocks her opponent getting the ball.

M Warrior Sports

Girls Tennis Holds their Own with Winning Record

They are a team with a lot of passion and enthusiasm, extremely dedicated athletes, and a winning tradition. In fact, they have won their division two years in a row. It's not basketball or lacrosse or football, the sports most people think of. It's the Manasquan Warriors Girls Varsity tennis team.

So far, this season the team is doing well. They are 11-1, and the only loss was against Holmdel, the top team in the Shore Conference. Despite that loss, Coach Ryan Richie is hoping to win their division for the second consecutive year.

"I really enjoy coaching the girls team. I've been teaching tennis in the Manasquan area for over 15 years so many of the girls I have known and worked with since they have been little. It's pretty cool now having them on a high school team," Coach Ritchie said.

All the girls on the team have devoted a time and effort to the sport. Everyday around 2:45 they are out on the courts ready for practice.

This season the varsity team welcomed their newest member, Summer Even-Esh, a 14-year-old freshman, who has been playing

By: Isabel Giordano

since she was 4 years old. She is first singles, as a freshman, which is a lot of pressure. But she manages to stay focused, and Summer's record this season is 12-5, including a loss in the counties and another during states. That's a great start to her varsity career! Summer said she plays 14-20 hours each week, and trains many hours beyond that. She is an exceptional student also.

One of the most valued players on the team, senior Quinn McCarthy, placed 3rd alongside her first doubles partner, Emma Kaden, in the Monmouth County Tournament. Quinn is not planning to play tennis in college, instead she will play lacrosse next year at Albany University. Still, she's an excellent tennis player. This is Emma and Quinn's first year being doubles partners, and they have been really good!

Quinn states, "The season has been very different from previous seasons since I am playing with a new partner, but we have adjusted well and are having fun playing together." These two tennis stars are ranked number 10



Senior Quinn McCarthy has starred at second doubles with junior Emma Kaden.

in the state and having been dominating the season with a record of 17-3.

At the Monmouth County tournament, the girls placed 4th overall. "Last year we got third as a team, but we graduated four exceptional starters, so to rebound from that and take fourth- I was extremely pleased," said Mr. Ritchey. With the season coming to an end the girls are content with the wins they had this season, and for more wins to come.



MHS Band Showcases INCREDIBLE Talent

This year the Warrior Band performed jaw-dropping shows at every football game. They kick off every home game with a parade through town so everyone can enjoy their music. The halftime show encompass music by John Williams. These musical masterpieces include Star Wars, Indiana Jones, Jaws, Superman, and Jurassic Park. The band is led by their talented drum major Andrew Brennan. After their one of a kind performance during halftime, the band groups with the cheer leaders to do the classic Manasquan routine. Mr. Wiemken has done a fantastic job of directing and helping the band this year, and I think we can all agree that they've sounded wonderful!

MANASQUAN

Fall Athletics

